

intenza



Upright Bike Features

- Custom Settings
 - When USB is detected, users may customise (1) Display Unit (2) Age (3) Gender (4) Weight (5) Buzzer. Smart machine will automatically prioritise personalised setting and workout routine with USB login
- Display Readouts
 - HR, Resistance Level, Time, Watts, Calories, Distance, RPM, Speed, Workout summary, Workout profile
- Heart Rate Monitoring
 - Polar®—coded wireless telemetry technology: built—in heart rate receiver (heart rate transmitter strap required) Digital contact heart rate technology ensures precision and reliability
- On—The—Fly OptiTrain™
 - Allows switching to other workout programs during exercise
 - Bike mode allows users to workout at a fixed resistance level regardless of pedal speed. Power mode allows users to workout at a fixed workload measured in watts. Download workout results easily to USB for work rate analysis and performance training purposes
- Power Saving System
 - Energy saver mode is used to minimize power consumption (not exceeding 0.5W) which meet Erp EC 1275/2008 requirements
- USB Connectivity
 - For customised workout, workout results, personal settings, InCare™ and manual software upgrade
- Built—in TV System
 - Analog/Digital support ATSC, DVB—T/T2/C/S, ISDB (For details support on Digital TV, contact your Intenza Sales Representative)
- Connectors
 - Support HDMI devices, Ethernet cable network, 3.5mm stereo Headphone Jack, Bluetooth stereo headset
- C—SAFE Connectivity
 - Optional C—SAFE connectivity facilitates data transfer (available by demand)
- Display Type
 - Industrial grade 16" TFT capacitance touch screen display for longer life time
- InCare™ Online
 - Smart machine automatically detects when service is needed and sends service diagnostic via Wi—Fi
- Intenzacast™
 - Support smartphone mirroring (iOS/Android)
- Language
 - 21 countries are offered
- Screen Saver
 - Upload 10 image files for messages or commercial advertisements to be displayed during stand—by
- Virtual Scenery
 - 10 scenes
- Wi—Fi Capability
 - Supports InCare™ Online, software update, Internet browsing
- Netpulse (xID)
 - xID login
- Display Type
 - Large LED Dot matrix and 18 characters LED message centre easily provide all the information you need
- InZone™
 - InZone™ heart rate training provides visual colour feedback to help users effectively optimise their workout efforts at their target heart rate zones
- MYE Audio Kit Options
 - Optional accessories support MYE audio receiver
- Smart Energy System™
 - Cordless. Activate and operate console with pedaling
- Uni—Dial™ Control
 - Complete access and control of user interface features and settings with the convenience of the Uni—Dial™

Performance Features

- 3—Phase Generator
 - Self powered hybrid generator delivers consistent performance for a smooth and quiet workout
- Belt Drive
 - Belt drive system for smoother, quieter performance. Minimise maintenance. Service made quick and easy
- Bottom Bracket
 - High performance bottom bracket assembly with precision sealed ball bearing for exceptional performance
- Maximum User Weight
 - 181kg (400 lbs)
- Maximum Watts
 - 640 Watts (Level 40 at 150 RPM)
- Minimum Watts
 - 16 Watts (Level 1 at 20 RPM)
- Resistance Levels
 - 40 resistance levels meets new European EN957—5 standards
- User Height Range
 - 147—193cm (4'9" to 6'5")

Workout Options

- Fitness Test
 - Fitness test determines individual's fitness level based on VO2 max standards. Test method includes Astrand—Rhyiming
- HR Control
 - 4 heart rate control programs in constant power mode—HR Zone, Interval, Hill, Cardio Strength
- Race
 - Race program offers a fun challenge by racing against existing champion for 1K, 2K, or 4K races
- Quick Start
 - Quick Start is a manual workout. Workout profile and results can be saved to USB
- Custom Program
 - 3 different type of profiles (Level, Watts, HRC) to create your own workout programs. Setting can easily be saved to USB by day for the future use
 - 7 custom user programs can easily be saved to USB for future use
- Preset Program
 - 10 Preset programs: 1:3 interval, 1:2 interval, 1:1 interval, 3 step interval, Easy Hill, Rolling Hills, Peak, Hill Step, HIIT Beginner, HIIT Advanced
 - 6 Preset programs: Hill, Interval, Weight Loss, Cross Train, Step by Step, Strength
- Target Program
 - 3 Target programs: Time (1—99 mins), Distance (0.5—99.9 km), Calories (10—9999 Kcal)
 - 3 Target programs: Time (10—99 mins), Distance (1—99 km), Calories (10—2500 Kcal)

ComfortFit™ Features

- Accessories Holder
 - Conveniently placed accessories holder for portable music players and mobile phones
- Frame
 - Robust frame structure designed to ensure stability and durability. Aluminum components create visual appeal and durability against corrosion. Low cross over design allows for ease of getting on and off the bike
- Multi—function Handlebar
 - Ergonomically designed handlebar with integrated elbow support for maximum comfort in racing position. Handlebar integrated with contact HR and resistance adjustment buttons for ease of use during workout
- Pedals
 - Ergonomic oversized pedals with grip and integrated straps for quick adjustments and pedaling comfort
- Saddle
 - Ergonomic saddle designed for maximum comfort and support during the most rigorous workout
- Seat Adjustment
 - 1/2" incremental seat positions accommodate users from 147—193cm (4'9" to 6'5")
- Water Bottle Holder
 - Dual water bottle holder supports 1 litre water bottles

Product Dimensions

- Foot Print
 - L x W: 123 x 67cm (48 x 26")
- Product Dimensions
 - L x W x H: 122 x 67 x 146cm (48 x 26 x 57")
- Product Net Weight
 - 78kg (172 lbs) ○ 62kg (134 lbs)
- Shipping Dimensions
 - L x W x H: 148 x 24 x 109cm (58 x 9 x 42")
- Shipping Gross Weight
 - 88kg (194 lbs) ○ 83kg (182 lbs)